

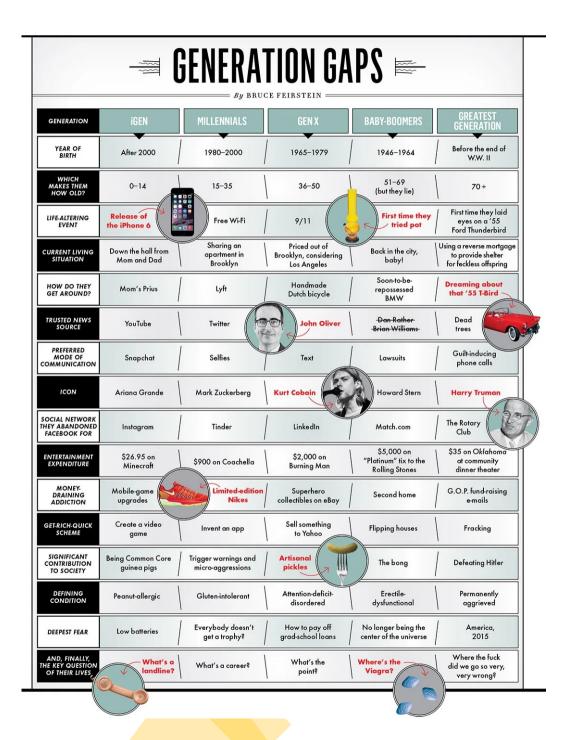
"Excuse me? Do you know how much a polar bear weighs?

Enough to break the ice"





Youth Leadership Workshop 2023 9th Edition!



Volunteering is a wonderful way to contribute to society and make a positive impact on the lives of others!!

When it to comes generational types, each generation may approach volunteering in different ways based their values, on life priorities, and experiences.

FOOTNOTE:

Assumptions about entire generations should be taken with caution ;-)

Baby Boomers (born between 1946 and 1964):

Baby Boomers came of age during a time of social change and activism. Many Boomers are passionate about social justice issues and may engage in volunteering as a means to create meaningful societal change. Boomers often bring a wealth of professional skills and experience to their volunteer work.

Generation X (born between 1965 and 1980):
Generation X grew up in a time of economic uncertainty and rapid technological advancements. They may approach volunteering as a way to make a practical difference in their communities. They may prefer flexible volunteering opportunities that fit into their busy schedules, such as virtual volunteering or short-term projects.

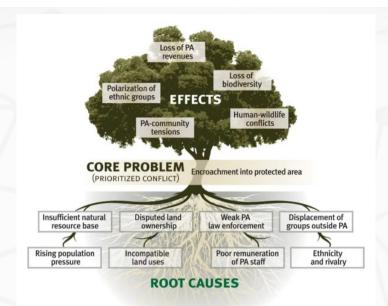




Millennials/Generation Y (born between 1981 and 1996): Millennials are known for their desire to make a positive impact on the world and their affinity for causes they feel passionate about. They often seek volunteer opportunities that align with their personal values and offer a sense of purpose. They are also likely to embrace technology and leverage social media to promote and organise volunteer efforts.

Generation Z/Zoomers (born between 1997 and 2012):

Gen Z is the youngest generation and is characterised by their digital native status and strong desire for social change. They grew up in a highly connected world. Gen Zers may participate in online activism, crowdfunding campaigns, and community organizing efforts. They value authenticity and may be attracted to volunteer opportunities that allow them to have a direct impact and use their skills.





Identify the core problem: Start by defining the main problem or issue that you want to address.

Identify the immediate causes: Think about the factors or issues that directly contribute to the core problem.

Identify the underlying causes: Dig deeper and explore the underlying causes that give rise to the immediate causes.

Identify the effects of the problem: What is the effect of this problem on the community?

Validate and refine: Review the problem tree and discuss it with your group

Current





Future





Let's talk it out!

The president of your NMO has invited you to recruit more young people to the work of the patient organisation. Many of the old members are the ones that work well and are motivated, while the younger ones have good treatment and quality of life and don't see the point of being involved in the patient organisation.

How to plan to approach and motivate them to become active?

