

NOTES FROM OPEN-MIC SESSION

COVID-19 IMPACT

- 5-year plan is essential to be able to be agile
- Face-to-Face meetings are essential
- Loss of membership and enthusiasm of members
- We observe now “phone youth” with two years from their lives lost – the NMO will do anything to get people back.
- **Hungarian NMO do prevention of youth loss: looking at and organising meetings around stress management, mental hygiene, career consultations, and simple socialisation.**
- It is hard to get back on track and restart advocacy with MoH and other stakeholders
- **There are benefits of technology as well – a deeper connection can be established**

EHC IMPACT

- There needs to be transfer of experience (EHC attendance -> NMOs on the ground): EHC Academy will offer a lot of tools, and so will the Organisational Health Programme tool kit.
- **Not to reinvent the wheel regarding the youth and repeat the existing EHC Youth Fellowship Projects (WISH)**
- EHC events could take place elsewhere than central EU (for example LC could be rotating as well): it is a HUGE BOOSTER for the NMOs.
- **EHC needs to encourage for people to go where they “do not belong” – explore bleeding disorders outside your own.**
- EHC needs to push more diversity of attendance to the LC
- Countries MUST be compared, that helps advocacy
- Support that is needed from the EHC: events, information, advocacy.
- EHC Newsletter is too small/short – more translatable materials could be useful.